



Shenley Fields Daycare & Nursery School
Woodcock Lane, Northfield,
Birmingham B31 1BU
Tel: 0121 675 3065
Email: enquiry@shnlyfld.bham.sch.uk
Executive Head Teacher: David Aldworth

Dear Parents/Carers

Allergies:

We have a number of children at Shenley Fields who have severe food allergies

If a child eats or comes into contact with the food they are allergic to, symptoms usually come on suddenly within seconds or minutes. Even a tiny trace can cause a reaction and in extreme cases, it can be life threatening.

As an allergy aware school, we do not have food containing nuts in our school lunches, for our snack or used in cooking with the children. If your child brings a packed lunch to school, please be vigilant and ensure there are no items containing nuts in their lunch box. This is really important as for some children, even airborne exposure to the allergen is enough to make them very poorly.

Department for Education Nutrition Guidance:

As a nursery we are required to support you with information to help you to provide healthy meals for your child whilst onsite. To meet our Ofsted welfare requirements and The Department for Education Nutrition Guidance, we are advised to limit the amount of ultra-processed, high fat, high salt or high sugar foods as these have a detrimental impact on children's health and wellbeing.

All food provided at nursery must be in line with the Department for Education Guidance. The guidance is clear that we should not use celebrations to provide or promote foods high in fat, salt and sugar. We therefore ask, that you do not bring in birthday cakes or sweets to mark your child's birthday.

We will of course continue to celebrate special days and occasions with the children.

Thank you for your understanding and cooperation.

David Aldworth
Executive Headteacher

